

Flow chart for children presenting with Mental Health difficulties

**Under 16 yrs
presenting with Self
harm or suicidal ideas
to ED**

**16-18 years presenting
to ED with self harm or
suicidal ideas**

Request all investigations required to ensure young person is medically fit.

Follow advice from TOXBASE if overdose taken. If YP requires medical monitoring or treatment admit.

Complete mental health triage form and complete environment risk assessment form if high risk.
Always complete a medical assessment: Consider the possibility of an overdose or a medical cause for the behaviour.

If under 16 yrs phone BEEU on 07970828783 or 03001240093 option 2 for advice.

Discuss and document:

- Are there ongoing suicidal thoughts?
- Are there immediate concerns for safety?
- Can the parents or carers keep them safe at home?

Agree and document a plan with BEEU/MHLT and if discharge unsafe, discuss immediate risk assessment. If under 16 request a CRHTT worker attends in person (<4 hours)

- Complete the correct Social care referral form for all young people immediately (based on area)

http://intranet.sath.nhs.uk/governance/Child_Safeguarding/regional.asp

- Complete child exploitation checklist

For all young people under 18 years old you must:

- Refer to MHLT

Discuss and document:

- Are there ongoing suicidal thoughts?
- Are there immediate concerns for safety?
- Can the parents or carers keep them safe at home?
- **Agree and document a plan** with BEEU/MHLT and if discharge unsafe, discuss immediate risk assessment
- Complete the correct Social care referral form for all young people immediately (based on area)

http://intranet.sath.nhs.uk/governance/Child_Safeguarding/regional.asp

- Complete child exploitation checklist

Safe discharge agreed by:

- BEEU/ED clinician via phone discussion if <16 or
- Face to face review by MHLT if 16-18 years.
- Confirmed follow up plan made

If <16 years: Complete the BEE U referral form and email: beeu.crhtt@nhs.net

Unsafe discharge in <16yrs with self-harm after phone discussion between BEEU/ED clinician

Admit to CAU awaiting MH assessment within 4 hours and detailed plan.

Unsafe to discharge <16 years without self-harm after phone discussion between BEEU/ED clinician

- Assessment in ED by CRHTT within 4 hours to decide if safe discharge is possible.
- CRHTT to provide detailed risk assessment/plan and YP to remain in ED.
- Inform on-call manager
- Complete a DATIX if no available placement

Unsafe discharge in 16-18 year olds with any MH difficulty after face to face review by MHLT.

- YP to stay in ED awaiting appropriate placement.
- Inform on-call manager
- Complete DATIX if no appropriate placement